










Presenters and Sessions BAPT Online Conference 2025

	<p>Roy Childs - The EI paradox – how can self-report reveal your blind spots?</p> <p>Emotional Intelligence involves being both self-aware and interpersonally aware. I prefer to call these Personal Intelligence and Relational Intelligence. However, most EI questionnaires rely on self-report. How can these reveal a person’s blind spots? This session will address inflated claims as well as remedies that deliver undervalued benefits.</p> <p><i>Dr Roy Childs, Chartered Psychologist, Consultant Editor (BPS Test Reviews) Verifier (BPS RQTU Assessments); works as a facilitator, coach, trainer, researcher. His approach is highly experiential with a clear practitioner focus. He has worked with some of the best-known authors of questionnaires Ray Cattell (16PF), Will Schutz (FIRO).</i></p>
	<p>Bill Davies – A model and approach for career management incorporating Type and EQ</p> <p>The future of jobs and careers is very uncertain due to factors like AI and global volatility. How can people develop resilience in their career management to navigate all this change and uncertainty? Personality Type and EQ are central to a model and approach developed over many years of practice.</p> <p><i>Bill Davies has a post grad in career counselling, underpinned by a degree in psychology and a master’s in occupational psychology. Over 4 decades of experience: lecturing, developing career tools, managing a careers department and training people in career guidance skills. He has also extensive experience in using EQ metrics.</i></p>
	<p>John Hackston - Type, emotional intelligence and neurodivergence</p> <p>Neurodivergent individuals, especially autistic people, may find it difficult to understand other people’s emotions, and to regulate their own. Can Type help? In an interactive session, we’ll talk about emotional intelligence, neurodivergence, and how these both relate to type, bringing in new research.</p> <p><i>A Chartered Psychologist, John has been a MBTI practitioner since 1997. As Director, Thought Leadership at The Myers-Briggs Company, he works to bring personality, particularly the MBTI® framework, to life, helping clients apply these insights both inside and outside work.</i></p>
	<p>Elizabeth and Katherine Hirsh - Leveraging Personality to bring Sanity to an Insane World</p> <p>Join us to explore the phenomena of gaslighting, its destructive impact, and how we might leverage type to shift our perspective to counter its negative effects. Discover strategies to mitigate the pain that gaslighting can cause and how uniqueness is a strength, a gift, and an invaluable contribution to the wellbeing of the collective whole!</p> <p><i>Elizabeth and Katherine Hirsh are authors and facilitators who have been spreading the word about the magic of type to a worldwide audience for more than 30 years. Elizabeth prefers INFP and Katherine prefers INTP.</i></p>
	<p>Jane Kise – PQ + Type = EQ</p> <p>While, as Jung posed, type is part of our nature, the framework of Positive Intelligence (PQ), developed by Shirzad Chamine, adds "nurture." In this session we will examine common saboteurs via famous historical and fictional figures, explore intercepting saboteur hijacks, and learn from coaching case studies that combine type and PQ.</p>

	<p><i>Jane Kise, Ed.D., has worked with personality type for over 30 years. The author of over 25 books, she consults around the world, from Minnesota to Melbourne. Her type expertise includes leadership, teamwork, coaching, spirituality, and education. Her passion is helping leaders create environments where everyone can use their strengths.</i></p>
	<p>Sharon Lovoy - Learning to Love and Live with Introverts</p> <p>This is a story of how Type saved my marriage and helped me to love and take practical steps to actively love my husband and all the introverts who grace my life. In turn, I have helped my business clients navigate their own home situations in a holistic approach to integrate Type into every aspect of their lives.</p> <p><i>Sharon Lovoy, ENFP, has a successful consulting practice where she has introduced Type to over 100 client organizations. She is a Master Trainer in TypeCoach and is an MBTI practitioner. She has presented at BAPT, APTi, and AusAPT conferences. She is dedicated to finding ways to integrate Type into every facet of her clients' lives.</i></p>
	<p>Jo Maddocks - Improving well-being and performance through emotional and type awareness</p> <p>At the heart of Emotional Intelligence (EQ) is how we perceive, understand, and manage our emotions and our awareness of others. In this presentation I will share a model for exploring emotions, their interaction with personality type, and how they impact wellbeing, behaviour, performance, relationships, and emotional climate.</p> <p><i>Dr Jo Maddocks has over 30 years' experience in organisational consulting, training, and research. He was the Chief Psychologist for developmental products at Talogy, co-founder of JCA (1993), and author of the Emotional Intelligence Profile (EIP).</i></p>
	<p>Teresa Moon - If we're emotionally intelligent, why do Ps often keep everyone waiting and why do Js hate lateness?</p> <p>Punctuality (or the lack of it) impacts us all in some way, yet psychologists have failed to offer us any useful insights. However, looking at the issue through the lens of the MBTI gives us some surprisingly helpful answers. Come and explore where you fit on the Timebending Scale, what motivates this behaviour, and what you can do to change it.</p> <p><i>Teresa Moon is a long-time member of BAPT, which has led her to a unique insight into lateness. By viewing it through the lens of the J/P function she has helped explain the problem. To her surprise, her TEDx Talk has over 65K views and her book 'LATE! A Timebenders' guide to why we are late and how we can change', has received global acclaim.</i></p>
	<p>Dario Nardi - Brains, Personality and Romance</p> <p>Is there a best romantic match based on personality type? The web is full of advice, much of it poorly informed. We will run through the evidence from MBTI data to the top bodies of work to the neuroscience of couples and more. Underneath it all, emotional maturity is key. And ideally, we keep type development in mind. Includes handouts and matrix.</p> <p><i>Dario Nardi, PhD was certified in type 30 years ago, trained under Dr. Linda Berens, and has been doing research, running workshops, making digital courses, and writing about type ever since. His top books include "Neuroscience of Personality", "Jung on Yoga", and the recent "Decode Your Personality". You can see more at www.radiancehouse.com .</i></p>



Roger Pearman - EQ, Type, and Well-being and Effectiveness

This presentation will provide some new data on type and EQ, and various cases to illustrate the link between type, EQ, and well-being. Patterns of EQ related behaviours will be presented and small group discussions will elaborate on key insights and developmental priorities for each of the types.

Dr Roger R. Pearman, Managing Director, TalentTelligent, LLC, has been coaching and writing on type since the 1980s. Books include I'm Not Crazy, I'm Just Not You, The People Skills Handbook: Action Tips to Improve Your Emotional Intelligence, Introduction to Type and Emotional Intelligence, and more.



Personality Hacker: Antonia Dodge and Joel Mark Witt - Personal Power and Self-Authority: Mastering Life Through Your Auxiliary Function

The auxiliary function, central to personality development, is often linked to the “Parent” archetype in type theory. This talk reveals how using the auxiliary function to self-parent fosters self-reliance, clarity, and growth. Learn how it balances your dominant function, helps you stop seeking external validation, and unlocks your true potential.

Antonia Dodge and Joel Mark Witt, co-founders of Personality Hacker, are experts in personal growth through personality type. With over a decade of experience, they help individuals unlock their potential through their podcast, coaching, and workshops, blending theory with practical tools for real-life transformation.



Vicky Jo Varner and Robin Wiley - Values at the core: psychological types, coaching and EQ.

Explore the connection between psychological types and values as a foundation for emotional intelligence. This session features a reflective exercise and group discussion to uncover how typology shapes core values and strategies, offering actionable coaching insights to foster emotional resilience and alignment..

As an individuation coach, certified PCC by the International Coach Federation, Dr. Vicky Jo coaches individuals to identify and develop their natural typological strengths. She has a PhD in Depth Psychology (Jungian and Archetypal) and wrote her dissertation on typology. Robin Wiley has over 30 years' experience using typology within government and private organisations. He's the past president of the Los Angeles APT Chapter and an Interstrength Certified practitioner.



Elena Wolf - Self-parenting with Type

Self-parenting can be a powerful way to raise awareness of our emotions and learning how to manage them better, two cornerstones of emotional intelligence. Our type preferences inform how we can most effectively engage in this process. This session will introduce inner parenting and include practical applications to put theory into action.

Elena Wolf is a type alignment and relationship coach. She is currently working toward her master's in Professional Counselling. For the last 5 years, she's been coaching clients to live better based on type. In 2023 she launched the Narrative Responsibility Podcast, which draws on existential and narrative counselling theories...and sometimes type.